



**PILATES HEALTH RETREAT  
AT OTTLEY'S PLANTATION INN, ST. KITTS  
AUGUST 13-18, 2011**

**RELAX AND REPLENISH YOURSELF IN TROPICAL SPLENDOR AT ONE OF THE CARIBBEAN'S PREMIER PLANTATION INNS. LUXURIOUS ACCOMMODATIONS, PANORAMIC OCEAN VIEWS AND WARM HOSPITALITY AWAIT YOU.**



*PILATES INSTRUCTOR CEALLEIGH BUCKLIN WILL LEAD THE GROUP IN A SERIES OF HEALTH AND WELLNESS ACTIVITIES. CEALLEIGH HAS 9 YEARS EXPERIENCE AS A PILATES TRAINER IN BOSTON, SEATTLE AND DALLAS.*

*CREDENTIALS AND INTERESTS:*

STOTT PILATES CERTIFICATION ON MAT, REFORMER, CCB, AND INJURY AND SPECIAL POPULATIONS

GYMNASTICS, DANCE, CHEERLEADING, AND A PASSION TO HELP OTHERS LIVE WELL

**YOUR PACKAGE INCLUDES:**

5 NIGHTS ACCOMMODATION AT OTTLEY'S PLANTATION INN

WELCOME COCKTAIL PARTY

ALL BREAKFASTS AND THREE HEALTHY, DELICIOUS DINNERS

2 PILATES BASED CLASSES PER DAY

GUIDED DAILY WALK

WORKSHOPS DESIGNED TO SUPPORT A HEALTHY LIFESTYLE FOR MIND AND BODY,  
KEEPING CALM IN A BUSY WORLD

2 SPA TREATMENTS AT OTTLEY'S' MANGO ORCHARD SPA\*

FAREWELL COCKTAIL PARTY

ALL ASSOCIATED TAXES AND SERVICE CHARGE

RATES START AT \$1299 PER PERSON, DOUBLE OCCUPANCY

*UP TO \$200 VALUE*



RESERVE DIRECTLY WITH OTTLEY'S PLANTATION INN  
TEL 869-465-7234 · RESERVATIONS 800-772-3039 · FAX 869-465-4760  
E-MAIL: [INFO@OTTLEYS.COM](mailto:INFO@OTTLEYS.COM) · WEBSITE: [WWW.OTTLEYS.COM](http://WWW.OTTLEYS.COM)